

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: WST

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Fobelets Jos

Coaches: Mertens Wenke

Coaches: Verstappen Emma

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BUTTERFLY MEN 15+			Heat:10, starttime: 09:11
Heat: 10/12 Lane : 6 Athlete: VAN WAELDEREN THOMAS			Q-time: 00:57:57
PB (50m pool): 00:57.57 Lago Gent Rozebroeken 03/05/2026 PB (25m pool): 00:56.43 SB: 00:57.57 Lago Gent Rozebroeken 03/05/2026			
	5 0 M	1 0 0 M	
PB	00:27.43	00:57.57	
	00:27.43	00:30.14	
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+			Heat:2, starttime: 09:17
Heat: 2/16 Lane : 4 Athlete: LEMMENS FEBE			Q-time: 00:34:84
PB (50m pool): 00:34.84 SportinGenk Park 06/04/2026 PB (25m pool): 00:33.62 SB: 00:34.84 SportinGenk Park 06/04/2026			
	5 0 M		
PB	00:34.84		
	00:34.84		
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+			Heat:4, starttime: 09:20
Heat: 4/16 Lane : 6 Athlete: LAUREYS XANTE			Q-time: 00:34:56
PB (50m pool): 00:34.56 Wezenberg 01/02/2026 PB (25m pool): 00:34.28 SB: 00:34.56 Wezenberg 01/02/2026			
	5 0 M		
PB	00:34.56		
	00:34.56		
			

Coach feedback:

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Event number: 3: 50M BACKSTROKE WOMEN 15+				Heat:7, starttime: 09:25	
Heat: 7/16 Lane : 7 Athlete: VAN AERSCHOT NEL				Q-time: 00:33:98	
PB (50m pool): 00:33.98 Wezenberg 01/02/2026				PB (25m pool): 00:32.62 SB: 00:33.98 Wezenberg 01/02/2026	
	5 0 M				
PB	00:33.98				
	00:33.98				
					

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 15+					Heat:8, starttime: 10:33	
Heat: 8/9 Lane : 8 Athlete: VINGERHOETS MADELIEF					Q-time: 02:48:68	
PB (50m pool): 02:53.39 Lago Gent Rozebroeken 03/05/2026					PB (25m pool): no time SB: 02:53.39 Lago Gent Rozebroeken 03/05/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:39.49	01:23.50	02:08.64	02:53.39		
	00:39.49	00:44.01	00:45.14	00:44.75		
						

Coach feedback:

Event number: 6: 200M BACKSTROKE MEN 15+					Heat:4, starttime: 10:51	
Heat: 4/10 Lane : 7 Athlete: SLUYTS TIBE					Q-time: 02:25:12	
PB (50m pool): 02:25.12 Wezenberg 01/02/2026					PB (25m pool): 02:26.96 SB: 02:25.12 Wezenberg 01/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:32.92	01:09.68	01:48.41	02:25.12		
	00:32.92	00:36.76	00:38.73	00:36.71		
						

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+				Heat:10, starttime: 11:43	
Heat: 10/12 Lane : 8 Athlete: VAN WAELDEREN THOMAS				Q-time: 01:09:13	
PB (50m pool): 01:09.13 Antwerpen 22/03/2026				PB (25m pool): 01:07.65 SB: 01:09.13 Antwerpen 22/03/2026	
	5 0 M	1 0 0 M			
PB	00:32.07	01:09.13			
	00:32.07	00:37.06			
					

Coach feedback:

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Event number: 10: 50M FREESTYLE MEN 15+							Heat:2, starttime: 12:02		
Heat: 2/15 Lane : 8 Athlete: SLUYTS TIBE							Q-time: 00:26:83		
PB (50m pool): 00:26.83 Antwerpen 08/03/2026							PB (25m pool): 00:26.32SB: 00:26.83 Antwerpen 08/03/2026		
	5 0 M								
PB	00:26.83								
	00:26.83								
									

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+										Heat:5, starttime: 12:05																													
Heat: 5/15																				Lane : 6					Athlete: SLUYTS JENNE										Q-time: 00:25:87				
PB (50m pool): 00:25.87										Antwerpen					15/03/2026					PB (25m pool): 00:25.09					SB: 00:25.87					Antwerpen					15/03/2026				
	5 0 M																																						
PB	00:25.87																																						
	00:25.87																																						
																																							

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+										Heat:11, starttime: 12:11																																							
Heat: 11/15										Lane : 5										Athlete: VAN WAELDEREN THOMAS										Q-time: 00:24:76																			
PB (50m pool): 00:24.76										Antwerpen 17/05/2026										PB (25m pool): 00:24.27										SB: 00:24.76										Antwerpen 17/05/2026									
	5 0 M																																																
PB	00:24.76																																																
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Coach feedback: